



Ben Franklin Crafts®

Uplifting Salt Scrub

This is a great scrub to use in the morning to set your mind on the right track for the day.

Ingredients

¾ cup Dead Sea Salt 30199211

¼ cup Almond Oil 30199274

¼ cup Sunflower Oil - (natural food store)

3 drops Tea Tree Essential Oil - 30199230

3 drops Lemongrass essential Oil - 30199223

Directions

Sterilize your glass jar – bring a large pot of water to a boil and simmer in boiling water for 5 mins.

Remove and place on a clean towel to dry and cool off.

Add salt to the jar.

Add nut oil and mix.

Add essential oil and mix thoroughly.

Store in cool, dark, dry area when not in use.



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