



Ben Franklin Crafts®

DISINFECTANT SALT SOAK

for Cold and Flu Prevention

Use the following recipe after the first sign of a cold or flu.

Ingredients

- 2 cups Dead Sea Salt 30199211
- 1 cup Epsom Salt 30199214
- ½ cup Baking Soda
- 5 drops Tea Tree Essential Oil 30199230
- 5 drops Eucalyptus Essential Oil 30199219
- 5 drops Bergamot Essential Oil 30199216

Directions

- Measure out and add the dry ingredients to a mixing bowl.
- Mix dry ingredients with clean hands or a whisk.
- Add oils and mix again.
- Pour mixture into a jar.
- Store in a cool, dry and dark area when not in use.

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